



**A dynamic,  
practical course for  
women in leadership  
roles.**

Interested in leading initiatives and bringing about change?

Are you already leading but want to practise different approaches?

Maybe you know you can lead but need the chance to try different things out?

### Who is the course for?

The course is aimed at women from voluntary, public and community sectors who are new to leadership roles, or aspire to such roles.

This course will provide opportunities to explore and practise leadership roles and models.

### What will it cover?

The aim of the training is to give women confidence and skills to take on and expand leadership roles. The course will be delivered over two days, separated by a month, to allow action plans developed on Day 1 to be practiced and then reviewed and explored further on Day 2.

During the course we will look at:-

- Theories and models of leadership – is it different for women?

- Exploring leadership styles – what is your 'style'?
- Giving and receiving feedback on different leadership approaches
- Exploring dimensions of power and influence

Women will have the opportunity to explore leadership styles in a safe environment. The emphasis will be on trying out different approaches and receiving constructive feedback on personal styles. We will use a variety of mediums – both indoors and outdoors.

## Trainers

### FRAN LOOTS

Fran is an experienced facilitator with 20 years experience of working and training in the public, voluntary and community sectors.

She is an associate of Terra Nova – a management training consultancy where she ran leadership awareness workshops for NHS personnel.

Fran also works for Engender, training women in 'Making a Difference' and leading change. She has also undertaken research for them on women and leadership.

### KAREN DARKE

Karen is a learning specialist, with substantial experience in the private and voluntary sectors. She runs Inspire and Impact – a development training organisation offering positive impact speaking, coaching and training.

Paralysed in a climbing accident, Karen has a unique perspective on issues of equality and human growth. Karen founded the charity, Interventure, to develop opportunities for people with disabilities to access the outdoor and natural environments.

See [www.inspireandimpact.com](http://www.inspireandimpact.com) and [www.interventure.org.uk](http://www.interventure.org.uk) for more information.



For more information, dates and costs, contact:-

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### FRAN LOOTS

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Women Leading is developed by



breathing space out doors

